

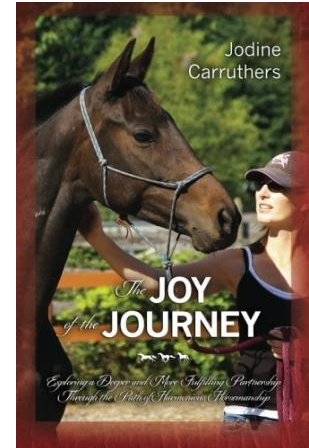
New Release

The Joy of the Journey: *Exploring a Deeper and more Fulfilling Partnership Through the Path of Harmonious Horsemanship*

A guide guaranteed to take you from simply working with a horse to forming a mutually fulfilling and deeply moving relationship.

“Jodine Carruthers has written a truly absorbing and inspirational book about her experiences with horses.” From the foreword by Jane Holderness Roddam, Olympic Gold Medalist (Eventing)

Jodine Carruthers



There is a place deep in our souls where horses touch us and awaken our hearts. This illuminating book explores the multi-faceted relationship between horse and human, and offers a way of being with horses that honours our equine partners, as well as ourselves.

The author immerses the reader into the world of horses and reminds us of the magic that first drew us to horses. Whether you are a novice rider or a veteran horse lover, The Joy of the Journey opens the door to a world of horsemanship that will lift your spirit and fill your heart.

The Joy of the Journey is a compilation of concepts, methods, tools and education designed to help readers discover what works best for them and their horses. The Joy of the Journey appeals to the following markets:

- Pleasure riders: Every page of this conscientiously created guide leads us closer to that perfect relationship where human and horse are filled with joy.
- Show riders: It's ideal for competitors looking to create a happy, healthy and willing equine partner.
- Horse trainers: This book's important information enhances the trainers current method without giving them a whole new system to implement.
- Parents of horse crazy kids: To understand what makes a child's heart sing is to better understand a child.
- The Equine Facilitated Industry, both experiential learning and mental health: A perfect compliment to an industry already focused on what horses teach people.
- Anyone who simply loves horses!

Jodine Carruthers is an Equine Behaviour Specialist and the founder of Harmonious Horsemanship. A lifelong horsewoman, she has dedicated her career to empowering and improving the lives of horses and humans through education, communication, and the depth of connection found through her teachings. Jodine has extensively researched human dynamics and neuroscience, and is an expert in horse psychology, equine body language, inter-species communication, and healing equine trauma.

To inquire about booking Jodine for an interview and/or to request a copy of The Joy of the Journey for review please contact us. Jodine Carruthers has a number of speaking engagements, book signings, workshops and clinics scheduled for 2011. Please go to www.harmonioushorsemanship.com/schedule for a complete schedule.

Distributed By

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